

Social and Emotional Wellbeing Program

HOW TO CONTACT US

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Broome
Regional Aboriginal
Medical Service



BRAMS
Social and Emotional Wellbeing

**GOOD, STRONG, HEALTHY FAMILY
= SAFE FAMILY**

Social and Emotional Wellbeing Program



Social and Emotional Wellbeing Program

The Social and Emotional Wellbeing (SEWB) team provides a confidential, culturally responsible and sensitive service for Aboriginal and Torres Strait Islander people who may be facing some challenges in their lives which is, or may result in, impacting upon their social and emotional wellbeing.

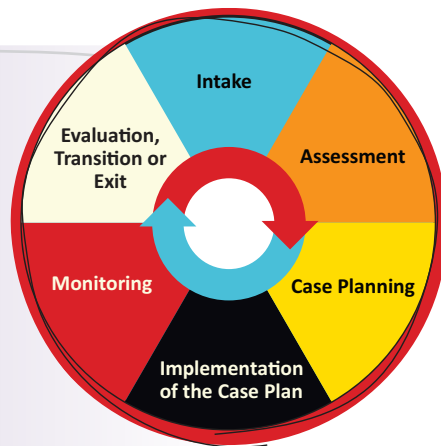
If you or someone you know are having are facing any issues, then drop into BRAMS to have a yarn with one of our supporting staff members.

WHAT WE DO

The SEWB Program provides the following services:

- Assessment, planning and monitoring client goals
- Generalised counselling
- Advocacy
- Internal referrals to health services
- External referrals to external agencies
- Transport and support to engage with external agencies
- Assisting clients to participate in cultural activities
- Linking clients to groups facilitated by the SEWB Program

BRAMS will work with you to address your identified needs through our Case Management Model, this includes working with you to tell your story, identify your needs and to develop your individual goals. This may also include referring to other relevant services or agencies for further support.



Wellbeing
EMOTIONAL
SOCIAL
PHYSICAL



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HOW TO REFER

Anyone can refer to the SEWB program. Some examples of referrals can be from the following:

- Self referral through the completion of a form
- Internally from a GP, Nurse or Aboriginal Health Worker
- A referral from a School or other service provider

OUR TEAM

BRAMS employs a Team Leader, Psychologist and three SEWB Case Workers.