

BRAMS

Nov 2020

NEWSLETTER



Celebrating NAIDOC Week
Family Fun Day

BRAMS Nov 2020 NEWSLETTER



Broome
Regional Aboriginal
Medical Service

CEO REPORT

In the blink of an eye, another Christmas period is upon us, and it's been a busy time for BRAMS as we head towards the end of an extraordinary year.



Our Senior Medical Officer Dr Jono Blundell has done a wonderful job recruiting additional General Practitioners, and we are excited to announce that we have four new GPs starting with BRAMS in early 2021. This will assist us to provide an extended service to our patients and reduce waiting times in the clinic.

With the interstate borders now re-opened, we will continue to screen patients and visitors for COVID-19, and BRAMS is committed to keeping the community and our staff safe.

We are still waiting on the outcome of our Rule Book changes with ORIC. The Board has gained an extension to hold the AGM in January 2021 - details on the date and location of the AGM will be announced next month, so keep an eye out for this newsletter and the BRAMS website and Facebook pages.

It was fantastic to see BRAMS present our NDIS journey at the Kimberley Supports Conference. It's incredible how much the NDIS program has developed over the past 12 months, and I want to issue a big thank you to our NDIS Manager, Melanie Prewett, for all of her hard work in establishing and growing this program.

Finally, we'll be finishing the year with a smile on our faces, and BRAMS will be holding our Community Christmas Event on 2nd December 2020 at Town Beach from 2.30pm to 5.30pm.

I look forward to seeing you all there!

Cassie
CEO

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EMPLOYEE OF THE MONTH

Congratulations!
Dr Hendrik

Congratulations to on being employee of the month for November 2020.

Colleagues said he had been a fantastic team member through very trying circumstances, a great support to health workers and the more junior staff around him and that he serves the community brilliantly.

Awesome work Dr Hendrik!



NEW STAFF

Welcome!
Allaneh Matsumoto

Position
Corporate Services
Finance Officer

What I like best about my job?

Learning new things & being a part of the BRAMS crew.

What would you like to achieve?

To learn and grow within my current position and develop new skills.

Tell us your favourite quote:

Try your best and forget the rest!



STAFF PROFILE

Dr Jono Blundell

Position
Senior Medical Officer

How long have you been employed at BRAMS?

3 years

What do you like best about my job?

When patients come in and tell you about positive changes they have made in their lives and that they feel better for it.. Gold! And working with such a fantastic bunch of people.

What would you like to achieve?

To be able to touch my toes (with super straight legs)

Favourite Quote:

Insanity is doing the same thing over and over and expecting different results.



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PUNTUKURNU ABORIGINAL MEDICAL SERVICE (PAMS)

On 6 November 2020, BRAMS was delighted to host a visit by a delegation from Puntukurnu Aboriginal Medical Service, including Mr Robby Chibawe (CEO), Nicholas Haney (Population Health Manager), Krystle Lomas (Practice Manager) and Jodie Burgess (Executive Assistant). They were interested to learn about BRAMS' Model of Care, and our Corporate and NDIS services. BRAMS looks forward to visiting PAMS in 2021 to learn about the services they provide.



KIMBERLEY LAND COUNCIL AGM

The Kimberley Land Council invited BRAMS and KAMS-Beagle Bay Health staff to provide first aid support at their AGM, and offer COVID-related information on measures such as social distancing and safe hygiene practices for their AGM. Attending on BRAMS' behalf was our Population Health Manager, Cassandra Matsumoto, Aboriginal Health Worker, Fatimiar Skeen and TIS Educator Lattrell Matthews. The AGM was held in Kooljaman over 3 days.



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THE 'STARS' TRAINING EVENT AHW TRAINING

On the 4th & 5th of November, three of our Aboriginal Health Workers - Billy Martin, Renee McKenzie and Fatimiar Skeen - travelled to Perth for the 'Start Talking About Relationships and Sexual Health (STARS) with young Aboriginal people' two day training course.

During the course, they discussed supporting young people with pregnancy choices, LGBTI young people, bodies and puberty, respectful relationships and more. The team reported that the training was interesting and enjoyable and they look forward to applying what they learnt in the clinic.



TACKLING INDIGENOUS SMOKING AMBASSADOR

TIM GARRETT

Tim began smoking at the age of 10, and smoked until he was 25 years old, when he gave up cold turkey. He started again 8 years later and smoked for more than 20 years.

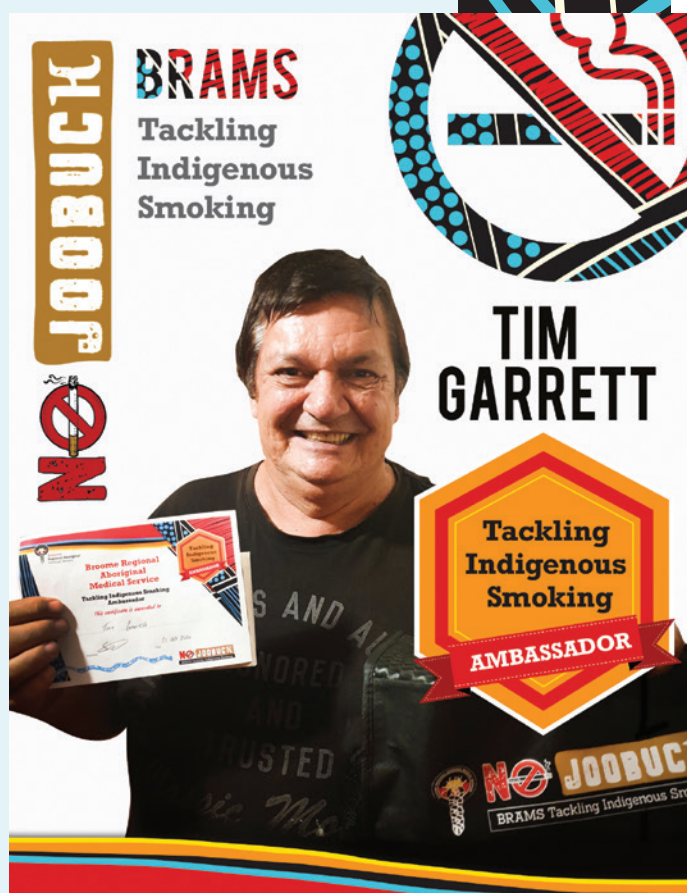
In February last year, Tim finally committed to giving up tobacco for good, with the support of his 2 kids, family and doctors at BRAMS. He used Champix medication to help manage the cravings, and is now proudly Smoke-Free!

Tim says the best benefits of quitting are having more money to spend on things for his children, fresh breath, and not smelling of cigarettes.

Tim is committed to staying smoke-free and healthy and encourages other smokers who are thinking about quitting to give it a shot.

Congratulations and keep up the good work, Tim.

If you would like to give up smoking, please contact the Tackling Indigenous Smoking team at BRAMS on **08 9194 4800**.



BRAMS NAIDOC EVENT

BRAMS held a Family Fun Day to celebrate NAIDOC week on 10 November. The event was held at Town Beach, and BRAMS provided a range of activities, including a sausage sizzle, smoothies, arts and crafts, football, and a colouring competition. Lots of families attended and the consensus was that all had a great day. A big thankyou to Natalie Dean for doing the Welcome to Country.



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THE DISABILITY CONFERENCE

On 10th and 11th November, BRAMS attended the Kimberley Supports Conference in Broome, and presented a video on our NDIS services and the positive impact they are having on the Broome community. A big thank you to KAMS for organising such a great event, and well done to Mel and the NDIS team.



BRAMS' NEW MOBILITY BUS

BRAMS is very excited to announce that we now have our very own NDIS mobility bus to help transport people in wheelchairs. This is a big milestone for BRAMS and a very proud addition to our NDIS family!



HEALTHY WOMEN'S GROUP

Our Chronic Disease Nurse Katy Crawford and Aboriginal Health Worker Fatima Skeen have started a weekly Healthy Women's Group in partnership with BOAB Health. The group is being held at BRAC and includes water aerobics, healthy chat, and a healthy cook-up. The first group was held on 18th November. For more information, contact Katy Crawford on **08 91 944 800**.



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ISO ACCREDITATION

BRAMS has been working towards achieving our ISO 9001:2008 Quality Management Systems Accreditation, and we are excited to announce that our first stage audit is being undertaken on 14 December.

COVID-19

BRAMS is continuing to screen patients and visitors to the clinic for COVID-19. With the borders now open, it's essential that we continue to monitor for any outbreaks.

When you arrive at the Family Centre, you will be asked a number of questions about the signs and symptoms of COVID-19 before entering. We thank you for being patient during this time.



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SERVICE DELIVERY

Due to the covid-19 BRAMS has made changes to the way we deliver our service. Everyone must present to the Family Centre to be screened.



PLEASE REMEMBER IF YOU HAVE ANY OF THESE SYMPTOMS



fever



sore throat



cough



shortness of breath

Or had contact with someone diagnosed with or suspected coronavirus in the 14 days before getting sick

PLEASE DO NOT COME TO THE CLINIC

Call reception on 08 91944 800 and we will arrange for you to speak to a GP.

We are screening for the safety of you and the community.

BRAMS

is closed between
12pm – 1pm for lunch

08 9192 1338

2 Dora Street, Broome
www.brams.org.au

Caring for
the Broome
community for
more than
40 years.



DIRECTOR PROFILE

DUANE - DOOGIE - TANG WEI

How long have you been a director at BRAMS?

11 months - it will be 1 year of service as at 20/11/2020.

Would you encourage others to become a director?

Yes, of course I would encourage others to put their hand up to become a Director of BRAMS (regardless of age or experience). It is an opportunity to contribute to a valuable Aboriginal Community Controlled Health Organisation that is working towards providing the best possible health and wellbeing services for Aboriginal and Torres Strait Islander people. It is also an opportunity to work with, and learn from, a diverse range of individuals who make up the BRAMS Board of Directors.

What would you like to see in the future at BRAMS?

I would like to see BRAMS continue to succeed and grow as an Aboriginal Community Controlled Health Organisation and I would also like to see further and continued development of the experienced team of health professionals at BRAMS. This includes the ongoing capacity-building of its local Aboriginal employees and the continued development and support towards training qualified Aboriginal health professionals.



PATIENT PROFILE *JOHNO PEARSON*

How long have you been a patient?

29 years

What do you like about BRAMS?

The service BRAMS provides for our community.

What would you like to see in the future at BRAMS?

More local Indigenous doctors and an upgrade on the building.



**** REMINDER - EACH DAY ****

BRAMS

is **CLOSED** between
12pm - 1pm for lunch

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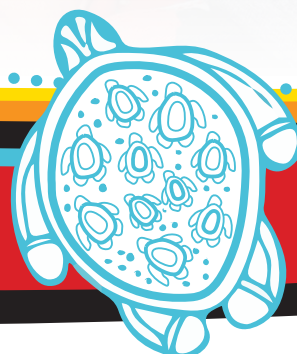


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YOU CAN FIND US AT
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